



AAM

Stem Bark

The drug *Aam* consists of stem bark of *Mangifera indica* L. (Anacardiaceae); a tree found wild or cultivated throughout the country

- **Temperament:** Cold and dry
- **Action(s):** Beneficial for Gonorrhoea (Nafi-e-Sozak), Astringent (Qabiz), Anastaltic (Habis), Healing agent (Mudammil-e-Qurooh)
- **Therapeutic Use(s):** Gonorrhoea(Sozak), Diarrhoea(Ishal), Bleeding piles/Haemorrhoid(Bawasir Damvi), Ulcers(Qurooh)
- **Dose:** 5-10 g.
- **Important Formulation(s):** Not Available