



## ABRESHAM

### Silk Cocoon

The drug *Abresham* consist of Abresham silk cocoon spun by the larvae of *Bombyx mori* L. (Bombycidae), the finest silk often known as mulberry silk comes from the larvae which feeds on the leaves of mulberry *Morus alba* L. (Moraceae). The silk worm is the larvae or caterpillar of a moth in the family Bombycidae, an important producer of silk. The stage between the caterpillar to the chrysalis or pupal stage, it secretes around itself an oval cocoon about 2 to 5 cm long consisting of continuous thread upto 1200m.

- **Temperament:** Hot and Dry
- **Action(s):** Exhilarant (Mufarreh), Expectorant (Munaffis-e-Balgham), Attenuant (Mulattif), Detergent (Jali), Memory enhancer (Muqawwi-e-Hafeza)
- **Therapeutic Use(s):** Palpitation (Khafaqan), Cardiac insufficiency(Zof-e-Qalb), Cough (Sual),Bronchial asthma(Zeeq-un-Nafas), Catarrh (Nazla)
- **Dose:** 3-5 g.
- **Important Formulation(s):** Dawa-ul-Misk Motadil Jawahirwali, Dawa-ul-Misk Motadil Sada, Khamira Abresham Arshadwala, Khamira Abresham Sada, Khamira Gaozaban Sada and Majoon-e-Chobchini, Sharbat-e-Abresham Sada.