



AMBA HALDI

Rhizome

The drug *Aamba Haldi* consists of the rhizome of *Curcuma amada* Roxb. (Zingiberaceae); a biannual with ovoid root stock, 60 to 90 cm high, grown in West Bengal and on the hills of west coast of India

- **Temperament:** Hot and Dry
- **Action(s):** Trauma (Zarba wa Saqta), Skin diseases (Amraz-e-Jildiya)
- **Therapeutic Use(s):** Trauma (Zarba wa Saqta), Diseases of skin (Amraz Jildiyya)
- **Dose:** 2- 3 g.
- **Important Formulation(s):** Takmeed Bara-e-Majlooq