



## ASROL

### Root

The drug *Asrol* consists of air dried root of *Rauwolfia serpentina* (L.) Benth. ex Kurz ( Apocynaceae); a perennial undershrub widely distributed in India in the sub-Himalayan tracts up to 1,000 m as well as, in the lower ranges of the eastern and western Ghats and in the Andaman.

- **Temperament:** Cold and Dry
- **Action(s):** Calming agent (Musakkin), Anaesthetic (Mukhaddir), Nerves calming agent (Musakkin-e-Asab), Antihypertensive (Musakkin-e-Fishar-ud-Dam Qawi), Antidote (Tiryag-e-Samoom), Hypnotic (Munawwim).
- **Therapeutic Use(s):** Insanity(Junoon), Hysteria(Ikhtinaq-ur-Rahem), Hypertension(Fishar-ud-Dam Qawi), Insomnia(Sahar)
- **Dose:** 0.5 g – 1.0 g.
- **Important Formulation(s):** Dawa-ul-Shifa