



## BADIYAN

### Fruit

The drug *Badiyan* consists of dried ripe fruits of *Foeniculum vulgare* Mill. (Apiaceae); a drug yielding plant is an erect glabrous aromatic herb, 1-2 m high, cultivated extensively throughout India upto 1830 m and also sometimes found wild, fruits ripen in September; Stems cut with sickles and put up in loose sheaves to dry in sun; when dry, fruits are beaten out in a cloth in sun, cleaned by winnowing and collected.

- **Temperament:** Hot & Dry 20
- **Action(s):** Deobstruent (Mufatteh-e-Sudad), Carminative (Kasir-e-Riyah), Stomachic (Muqawwi-e-Meda), Diuretic (Mudirr-e-Baul), Emmenagogue (Mudirr-e-Haiz), Eye tonic (Muqawwi-e-Basar)
- **Therapeutic Use(s):** Gastralgia (Waja-ul-Meda), Flatulence (Nafkh-e-Shikam), Gastric debility (Zof-e-Meda), Retention of urine (Ehtibas-e-Baul), Amenorrhoea (Ehtibas-e-Tams), Poor eyesight (Zof-e-Basarat).
- **Dose:** 5 to 7g
- **Important Formulation(s):** Habb-e-Ghariqoon, Qurs-e-Mulaiyin, Jawarish-e-Narmuskh, Jawarish Zarooni Sada, Majoon-e-Muqil, Majoon-e-Musaffi-e-Khoon, Majoon-e-Nankhwah, Raughan-e-Baladur, Araq-e- Badiyan, Araq-e-Juzam, Sikanjabeen Buzoori Motadil, Sharbat-e-Sadar, Sufoof-e-Hazim Kalan, Sufoof-e-Tabkheer.