



## BAHARANGI

### Root

The drug *Baharangi* consists of dried mature roots of *Clerodendrum phlomidis* L.f. (Verbenaceae); a large shrub or small tree reaching upto 9 m in height, with more or less pubescent branches, found in dry parts throughout the country.

- **Temperament:** Hot and Dry
- **Action(s):** Stimulant (Moharrik), Resolvent of swelling/Anti-inflammatory (Mohallil-e-Waram), Antispasmodic (Daf-e-Tashannuj)
- **Therapeutic Use(s):** Neurasthenia (Zof-e-Asab), Tremor (Rasha), Facial Paralysis (Laqwa), Hemiplegia(Falij), Cervical Lymphadenopathy (Khanazeer), Bronchial asthma(Zeeq-un-Nafas), Swelling (Waram)
- **Dose:** Decoction of 12 to 24 g of the drug
- **Important Formulation(s):** Majoon Jograj Gugal