



BAI KHUMBI

Seed

The drug *Bai Khumbi* consists of dried seed of *Careya arborea* Roxb. (Lecythidaceae); a medium sized deciduous tree attaining a height of 9 to 18 m. occurring throughout India up to an altitude of 1,500 m.

- **Temperament:** Moderate towards Hotness and Dryness.
- **Action(s):** Carminative (Kasir-e-Riyah), Laxative (Mulaiyin), Concoctive (Munzij)
- **Therapeutic Use(s):** Flatulence (Nafkh-e-Shikam), Constipation(Qabz)
- **Dose:** 500 mg - 1 g.
- **Important Formulation(s):** Not Available