



BALADUR

Fruit

The drug *Baladur* consists of mature fruit of *Semecarpus anacardium* L. f. (Anacardiaceae); a medium sized tree found in moist deciduous forests all over the country.

- **Temperament:** Hot and Dry
- **Action(s):** Nervine tonic (Muqawwi-e-Asab), Memory and intellect enhancer (Muqawwi-e-Zahn wa Hafiza), Cardiotonic (Muqawwi-e-Qalb), Curative for Phlegmatic disorders (Dafi-e-Amraz-e-Balghami).
- **Therapeutic Use(s):** Neurasthenia(Zof-e-Asab), Weak memory(Zof-e-Hafiza), Cardiac insufficiency(Zof-e-Qalb), Hemiplegia(Falij), Facial palsy(Laqwa)
- **Dose:** 125 mg.
- **Important Formulation(s):** Anqaroya Kabir, Anqaroya Sagheer, Majoon Baladur