

## BAQLA

Seed

The drug *Baqla* consists of dried seeds of *Vicia faba* L. (Fabaceae); a woody annual herb native of North - Africa and North -West Asia it is also cultivated all over India. The plant occurs during October to April. The flowering and fruiting takes place from December to March

- **Temperament:** Hot 1° Dry 2°
- Action(s): Expectorant (Munaffis-e-Balgham), Resolvent of swelling/Anti-inflammatory (Mohallil-e-Waram)
- Theraputic Use(s): Hoarseness of voice (Bohat-us-Saut), Uvulitis (Waram-e-Lauzatain), Cough(Sual)
- **Dose:** 5-10 g.
- Important Formulation(s): Qairooti, Bazr-e-Katan, Qurs-e-Munawwi