



## BARG-E-SUDAB

### Leaf

The drug *Sudab (Barg)* consists of dried leaves of *Ruta graveolens* L. (Rutaceae). The plant is a native of the Mediterranean region and also cultivated in Indian gardens. It grows during August-November flowering and fruiting take place during October-November

- **Temperament:** Hot and Dry
- **Action(s):** Roughness producing irritant (Mukharrish), Resolvent (Mohallil), Carminative (Kasir-e-Riyah), Dryness producing agent (Mujaffif), Emmenagogue (Mudirr-e-Haiz), Nervine stimulant (Moharrik-e-Asab).
- **Therapeutic Use(s):** Pityriasis alba (Bahaq), Vitiligo (Bars), Flatulence (Nafkh-e-Shikam), Amenorrhoea (Ehtibas-e-Tams), Hysteria (Ikhtenaq-ur-Rahem), Infantile Epilepsy (Umm-us-Sibyan), Gastralgia (Waja-ul-Meda).
- **Dose:** 5-10 g.
- **Important Formulation(s):** Jawarish Kamooni, Zimad-e-Kibreet, Zimad-e-Tehal