



BEESH

Root

The drug *Beesh* consists of dried roots of *Aconitum chasmanthum* Stapf. ex Holmes (Ranunculaceae); plant is an erect, perennial herb, occurs in sub alpine and alpine zones of the western Himalayas, in high plateaus between 2000-4000 m, roots are generally collected late in September.

- **Temperament:** Hot and Dry
- **Action(s):** Antipyretic (Dafi-e-Bukhar), Calming agent (Musakkin), Local anaesthetic (Mukhaddir Maqami), Diuretic and Emmenagogue (Mudirr-e-Baul wa Haiz), Beneficial for melancholic and Phlegmatic disorders (Nafi-e-Amraz-e-Saudaviya wa Balghamiya), (Muhaiyyij-e-Jild)
- **Therapeutic Use(s):** Migraine(Shaqiq), Sciatica(Irq-un-Nasa), Pleurisy(Zat-ul-Janb), Pneumonia(Zat-ur-Riya), Humma(Bukhar), Retention of urine and Amenorrhoea (Ehtibas-e-Baul wa Haiz), Leprosy(Juzam), Vitiligo(Bars), Bronchial asthma(Zeeq-un- Nafas), Malignant ulcers(Qurooh Khabisa)
- **Dose:** 15-30 mg.
- **Important Formulation(s):** Habb-e-Rahat, Habb-e-Nuqra, Dawa-e-Jiryan.