



BISBASA

Aril

The drug *Bisbasa* consists of dried aril of *Myristica fragrans* Houtt. (Myristicaceae); a medium sized evergreen tree 8-15 m high, native of the East Moluccas. It is cultivated in the Malaya Peninsula and the Malaya Islands. In India it is found in a few localities, chiefly botanic gardens, Kerala where the climate is sufficiently hot and moist

- **Temperament:** Hot and Dry
- **Action(s):** Stomachic (Muqawwi-e-Meda), Digestive (Hazim), Carminative (Kasir-e-Riyah), Cardiotonic (Muqawwi-e-Qalb).
- **Therapeutic Use(s):** Indigestion (Su-e-Hazm), Sexual Debility (Zof-e-Bah)
- **Dose:** 2-5 g.
- **Important Formulation(s):** Anoshdaru, Halwa-e-Baiza-e-Murgh, Itrifal-e-Kabir, Jawarish-e-Bisbasa, Jawarish-e-Kundur, Jawarish-e- Narmushk, Jawarish-e-Utraj, Jawarish Zarooni, Sada, Luboob Kabir, Majoon-e-Aarad Khurma, Majoon-e-Baladur, Majoon-e-Bandkushad, Majoon-e-Muluki, Majoon-e-Nankhwah, Majoone-Salab, Mufarreh Sosambari, Raughan-e-Babuna Qawi, Araq-e-Chobchini.